

What You Need

Background fabric for blocks and outer border:

3 3/4 yards

Four green prints for flower appliques:

1/3 yard of each print

Aqua print for flower center, blocks and inner border:

1 yard

Binding: 1/2 yard

Backing: 4 yards

Batting: 72" x 72"

name: **SUNDAY
FLOWERS**

item: **P247**

fabric collection:

**Sunday
SUPPER**



www.thesweetwaterco.com

Sweetwater

Finished Quilt: 64" x 64"

Instructions

1/4" seam allowance is included

Block A - Make 25 Blocks

1. Cut the following for all 25 blocks:

Navy Background Fabric:

- Eight strips 1 1/2" x the width of the fabric
- Six strips 4 1/2" x the width of the fabric
- Four strips 2 1/2" x the width of the fabric

Aqua Fabric:

- Twelve strips 1 1/2" x the width of the fabric

Green Fabric:

- Twenty five 2 1/2" X 2 1/2" squares (six from each print plus one more)

Section E

1. With right sides together sew eight navy 1 1/2" strips to eight Aqua 1 1/2" strip together making eight strip sets. Press seams open. Refer to diagram #1.
2. Cut each strip set into 25 - 1 1/2" lengths. You will need 200. Refer to diagram #2.
3. With right sides together sew two 1 1/2" lengths together to make a four patch 2 1/2" x 2 1/2". You will need 100 of these four patch sections (four for each block. Refer to diagram #3).
4. Cut the 4 1/2" wide navy background strips into 100 - 2 1/2" lengths.
5. Sew the four patch sections to the 2 1/2" ends of 50 of the above pieces. Refer to diagram #4.
(Save the remaining 50 pieces for section D)

Diagram #1



Diagram #1

Make 8 Sets

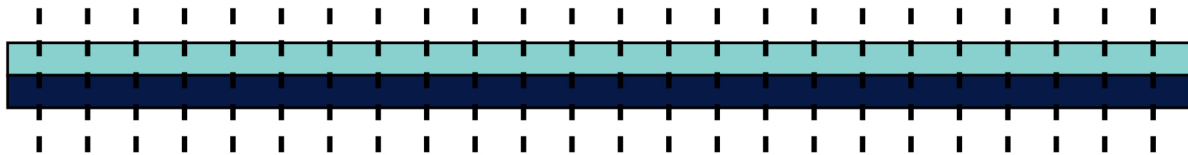


Diagram #2



Diagram #3

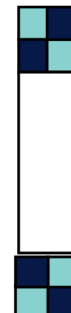


Diagram #4

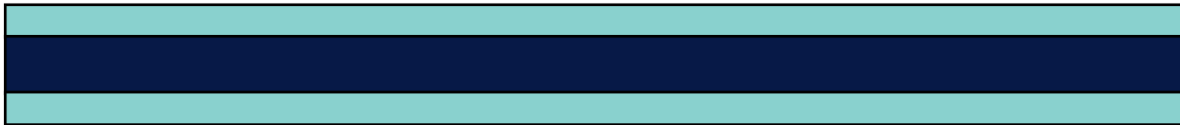
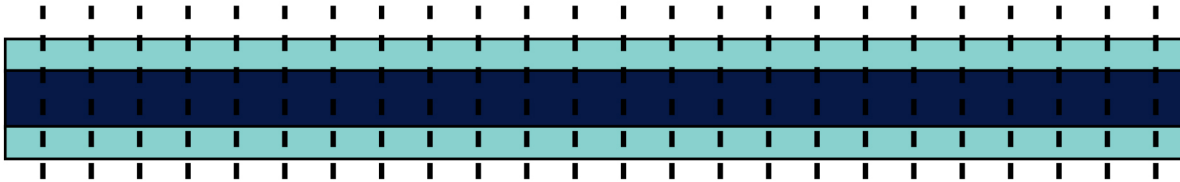
Section D

1. The 50 remaining 2 1/2" x 4 1/2" navy background pieces are used in section D.

Section C

1. With right sides together sew two 1 1/2" wide Aqua strips to one navy background 2 1/2" wide strip. Press seams open. Repeat to make one more strip set. Refer to diagram #5.

Cut the two strip sets into 50 - 1 1/2" lengths. Refer to diagram #6. You will need two sections for each block.

**Diagram #5****Diagram #6****Section B**

1. Cut the remaining 2 1/2" wide navy strips into 50 - 1 1/2" lengths. You will need two lengths for each block.

2. Cut the 4 1/2" wide strips into 100 - 2 1/2" lengths. You will need four pieces for each block.

Section A

1. Use the twenty five green 2 1/2" x 2 1/2" pieces for section A

Assemble Sections

Refer to diagram #7 for placement of each section. **Diagram #7 on separate sheet**

1. Sew two B Sections to one A section.
2. Sew two C Sections to step 1 Sections.
3. Sew two D Sections to step 2 Sections.
4. Sew two E Sections to step 3 Sections.

Block B - Appliqué Flowers - Make 24 blocks

Background

1. Cut 24 - 8 1/2" x 8 1/2"

Appliqué Flowers - Choose your favorite appliqué method:

Raw edge Appliqué using fusible web

1. Trace 24 flower centers and 192 flower petals on the paper side of fusible web using a pencil.

Do not cut out shapes yet.

2. Iron the flower center shapes to the wrong side of the aqua fabric.
3. Cut out on the traced line.
4. Iron 48 flower petal shapes to each of the four green prints.

Each flower needs eight petals so you will have six flowers from each print

1. Peel off the paper backing and iron the flower petals to the background square and then iron the flower center to the center of the flower. Refer to diagram #8 for placement. **Diagram #8 on separate sheet**
2. Machine stitch close to the edges of the appliqué pieces.

Turned Under Applique

1. You will need to add 1/4" extra fabric to the templates for turned under appliqué.
2. We recommend the freezer wrap paper method to prepare your appliqué pieces.

Bunnyhilldesigns.com has a wonderful tutorial on her web site for this method.

Sew Rows together

1. Row 1 - With right sides together sew four block A to three block B, starting the row with block A and alternating with block B.
2. Make seven rows with seven blocks to a row. Refer to diagram #9 for placement of blocks. **Diagram #9 on separate sheet**

Borders

Inner Border

1. Cut six strips 1 1/2" x the width of the fabric.
2. Piece strips to make two side borders that measure 56 1/2" long each. Sew the sides of the quilt.
3. Piece the top and bottom borders to measure 58 1/2" each. Sew to the top and bottom of the quilt.

Outer Border

1. Cut seven strips 3 1/4" x the width of the fabric.
 2. Piece strips to make two side borders that measure 58 1/2" each. Sew to the sides of the quilt.
 3. Piece the top and bottom borders to measure 64" each. Sew to the top and bottom of the quilt.
- Refer to Diagram #10. **Diagram #10 on separate sheet**

Backing & Batting

1. Piece backing to measure 72" x 72".
2. Cut batting to measure 72" x 72".
3. With wrong sides together layer the backing, batting and quilt top.
4. Quilt as desired.
5. Trim away excess backing and batting.

Binding

1. Cut seven strips 2 1/4" x the width of the fabric.
2. With right sides together piece the ends together to make one long strip.
3. With wrong sides together fold in half matching the raw edges and press.
4. Sew to the top of the quilt mitering the corners. Refer to diagram #11 for mitering.
5. Turn the folded edge to the back of the quilt and hand stitch in place.

Diagram #11

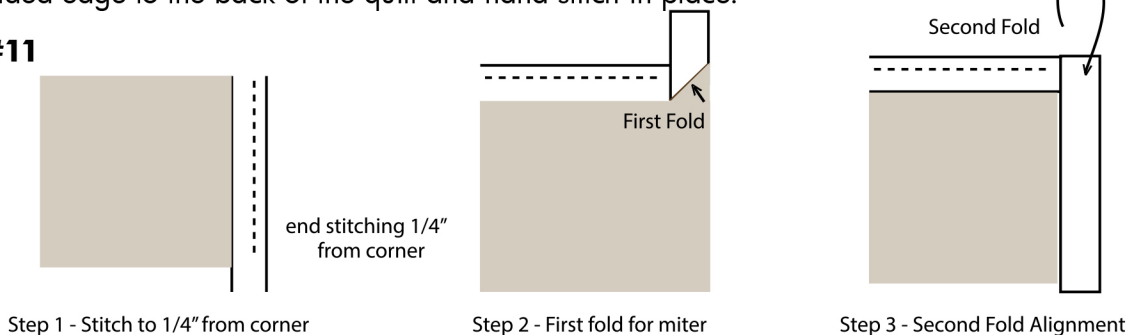
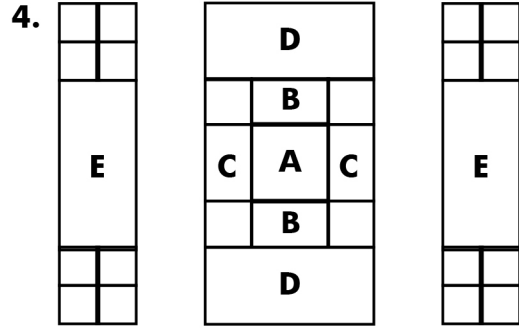
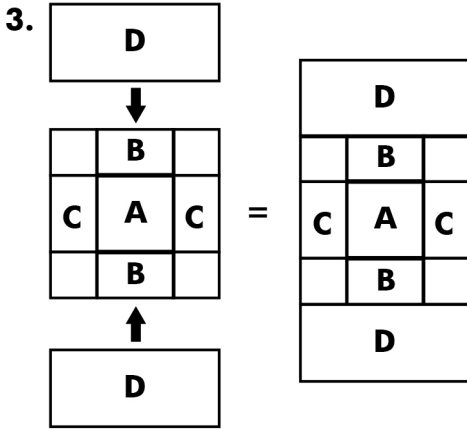
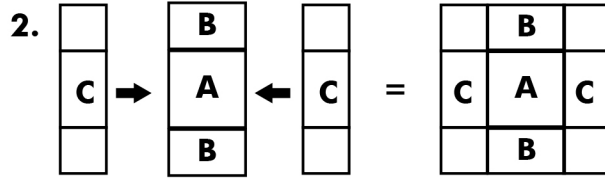
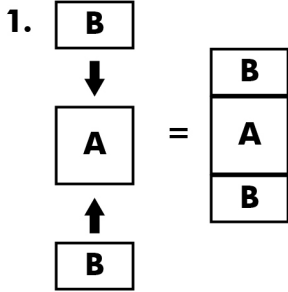
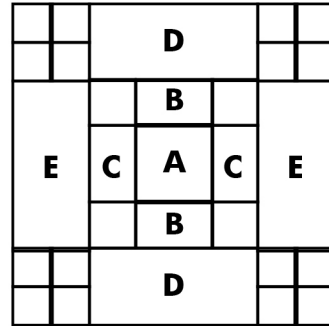


Diagram #7



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Block B

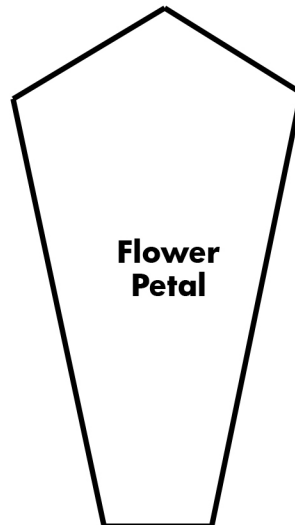
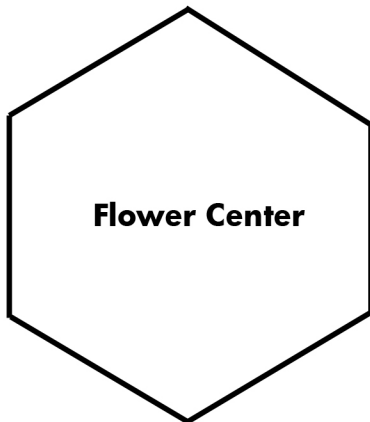


Diagram #8

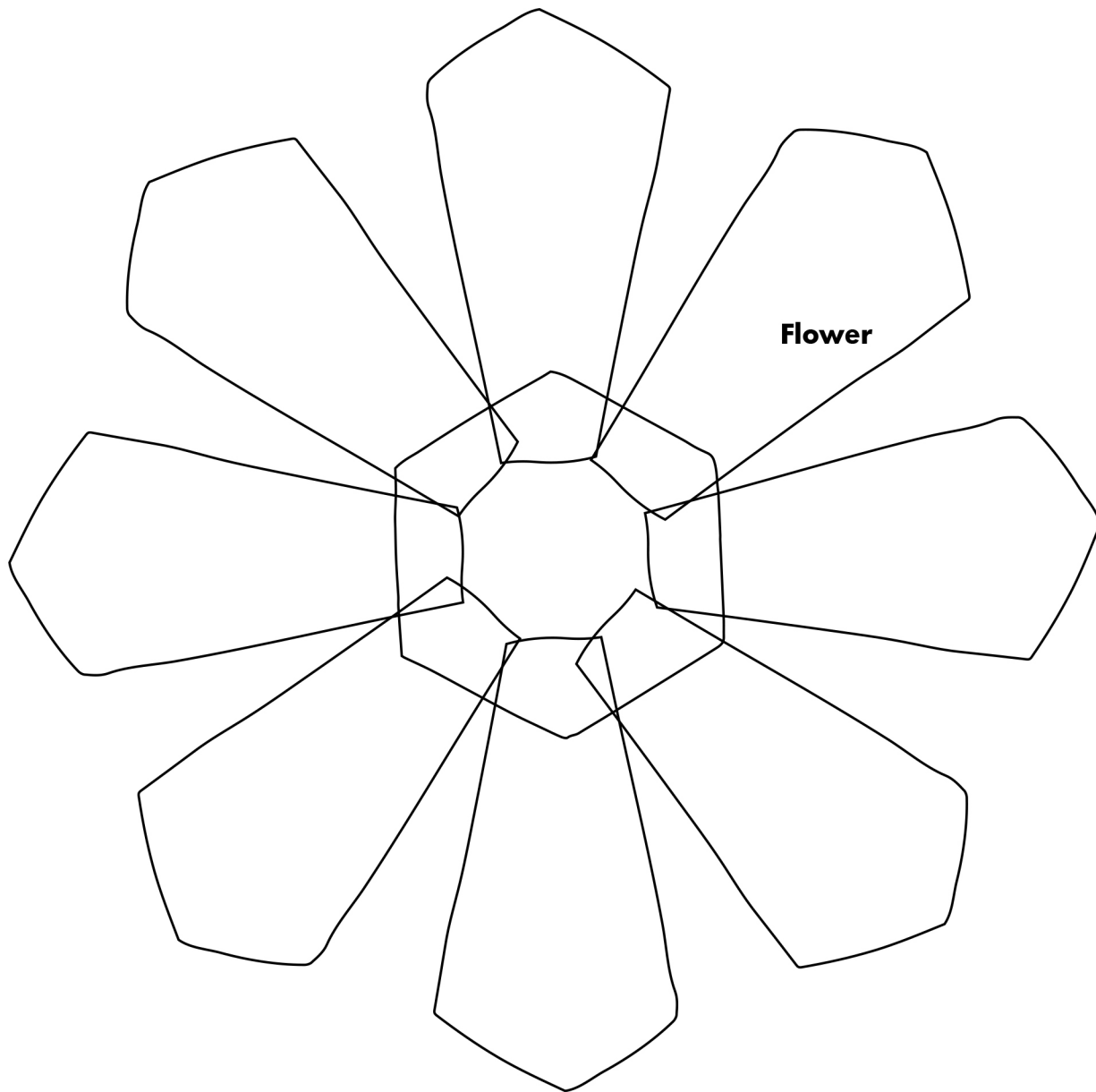


Diagram #9

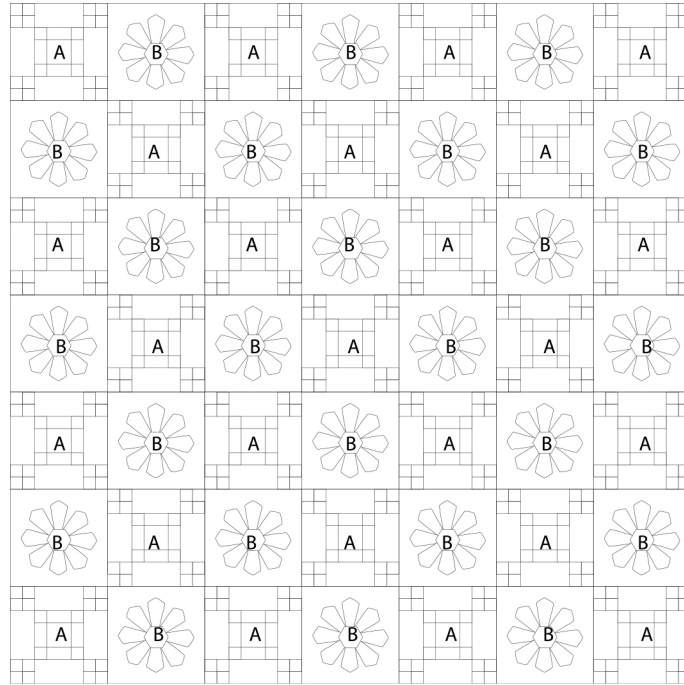


Diagram #10

