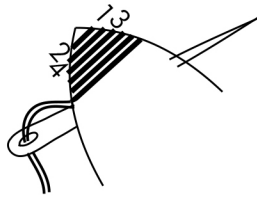
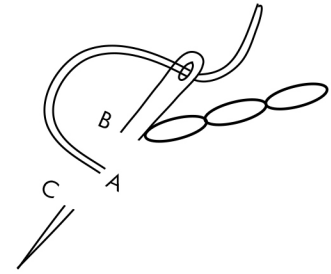


## BACKSTITCH

1. Begin by coming up at point A. This will be approximately 1/8" from the start of the stitching line.
2. Pull the floss to the front of the fabric.
3. Insert the needle at point B which is at the beginning of the stitch line.
4. Come up at point C which is 1/8" from point A.
5. Bring the floss all the way through to the front of the fabric.
6. Go back down at point A and then up at point C. Repeat the stitch



## SATIN STITCH

1. Bring your needle up at 1 and then down at 2
2. Start your next stitch at 3 bringing it up and then back down at 4.
3. Continue filling in the area placing the stitches closely together.

## RUNNING STITCH

1. Start by bringing the floss up at 1 and down at 2.
2. Continue by bringing up at 3 and down at 4.
3. You will be working from right to left

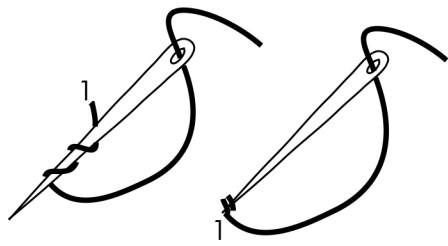
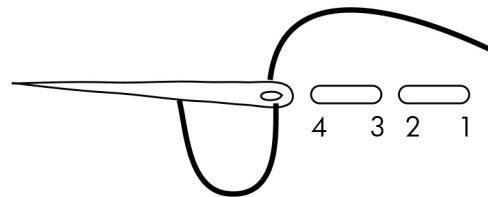


Diagram 1

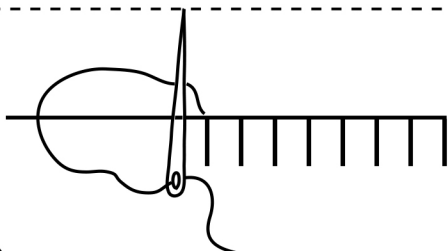
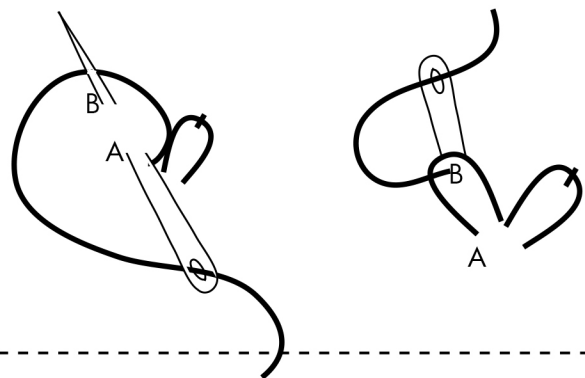
Diagram 2

## FRENCH KNOTS

1. Bring needle up at 1 as shown in diagram 1.
2. Hold the floss tight with the other hand and wrap in around the end of the needle two times.
3. Pull the floss gently so that the wrapped floss tighten.
4. Insert the needle next to 1 as shown in diagram 2.
5. Pull the floss through the back until a knot is made.

## LAZY DAISY

1. Bring the needle up at point A and go back down close to point A to form a loop on the front side
2. Bring the needle up at point B and pull the floss to shape a loop into the desired shape.
3. Secure the loop made with a small stitch



## BLANKET STITCH